APA 7TH EDITION CHANGES

**Format**

* No running head required for student papers
* Title page
  + The page number appears flush right in the header
  + Center the following information:
    - Bolded title in upper third of page
    - Your name
    - Name of school/university
    - Number and name of course
    - Professor’s name
    - Date
* Heading levels 3, 4, & 5 have changed; all headings are title case and bolded:

**Heading One**

**Heading Two**

***Heading Three***

**Heading Four.** Text begins here…

***Heading Five.*** Text begins here …

**Inclusive Language**

Use the singular “they” when referring a person whose gender is unknown or irrelevant. You can also alternate between *he or she*.

EX: *Each participant turned in their questionnaire.*

*A child should learn to play by themselves as well as with friends.*

*Rowan, a transgender person, helped themselves to the free coffee.*

**Style**

**Quotation marks**, rather than italics, are now used to indicate examples:

The term “fake news” was coined in 2016.

As in APA 6th Edition, numbers 10 and above are always expressed as numerals *unless they are placed at the beginning of a sentence:*

*The researchers selected 22 students.* *Twenty-two students were selected.*

**Citations**

Also, in previous editions of the *APA Manual*, if you are discussing ideas from only one source within a paragraph, *you will need to cite only once within the paragraph*.

For all citations of 3 authors or more, use only the first author’s surname and “et al.”

* Parenthetical citation: (Smith et al., 2018).
* Narrative citation: “Smith et al. (2018) argue….”

**References**

* For books, no city or state of the publisher is required. Use only the name of the publisher.
* Use up to 20 surnames & initials of authors for same publication; for 21+, use first 19, ellipsis, and last author.
* DOIs & URLs are now displayed as hyperlinks & the label “DOI” is no longer used; use this standard format: <https://doi.org/10.1037/dev00000548>
* For works without DOIs from websites (not including databases), provide a URL in the reference that is directly accessible to the website. “Retrieved from” is no longer included before URLs, unless including retrieval date (content from source that changes over time).
* For works without DOIs from most academic research databases, do not include a URL or database information in the reference. The reference should be the same as printed version of the work.
* When a website is the source for a webpage, provide the website name (in title case without italics) in the source element (location information). Include a period after the website name. Follow with the URL.
* When in doubt about which information to include in a reference, include more rather than not enough.

**Helpful Resources**

[APA Website](https://apastyle.apa.org/)

[Sample APA 7th Edition Student Paper with Annotations](https://apastyle.apa.org/style-grammar-guidelines/paper-format/student-annotated.pdf)

[Video of APA 7th Edition Changes](https://www.scribbr.com/apa-style/apa-seventh-edition-changes/)