

UNIVERSITY ATHLETIC COMMITTEE (UNAC)

Wednesday, October 31, 2018
8:45 am – 10:00 am
Film Room, Firestone Field House

MINUTES

Members present: Jennifer Harriger [chair], Steven Potts, Don Shores, Lynne Jacobsen, Lee Kats, Loan Kim, Amanda Kurtz, Krista Lopata, Michael Wexler, Alicia Jessop, Sunnie De Lano, and Sandra Harrison. **Members absent:** Karina Herold, Raymond Carr, Jeffrey Williams, Paul Gift, Christopher Doran, Skylar Caputo, and Maureen Weston.

1. Jennifer Harriger welcomed everyone and introduced the first presenter, Jodi Tompkins, the Athletics Counselor.
2. Jodi explained her role which is a post-doctoral 1-year full-time position in collaboration with the Pepperdine Counseling Center. She conducted a mental health screening program this fall during student athlete physical exams which made students aware of the services offered. Discussion and questions followed including how students contact her and the need for continuity and stability with this position.
3. Jennifer introduced Melissa Ireland, the Athletics Dietitian. Melissa discussed her position and how she screens athletes using an online nutrition questionnaire to find high risk athletes. She then meets with them one-on-one. She provides a fuel station with snacks for pre- and post- practices and games. Her hours vary between 12 and 20 per week. She enlists the help of interns to help with this program, including cooking classes for teams.
4. The committee discussed food for athletes and possible solutions, such as a vending machine with healthy food located in the concession area of the Field House or a Jamba Juice presence. Recommendations included: the committee should be a part of the process; a meeting with Sodexo should be set up; and a review of the current Sodexo contract should be conducted.
5. Steve Potts presented an athletic budget comparison of West Coast Conference (WCC) schools showing figures for revenue, expenses, financial aid, and fundraising. He presented the figures from highest to lowest and identified Pepperdine's figures. He concluded that we have good success with this funding level, but would like to see improved facilities.
6. Jennifer closed the meeting thanking attendees, and announced the next UNAC committee meeting would be in early January.