

# APA LEVELS OF HEADING (6<sup>TH</sup> Edition)

One level:

**Centered, Bold, Upper- and Lowercase Heading**

Two levels:

**Centered, Bold, Upper- and Lowercase Heading**

**Flush left, Bold, Upper- and Lowercase Heading**

Three levels:

**Centered, Bold, Upper- and Lowercase Heading**

**Flush left, Bold, Upper- and Lowercase Heading**

**Indented, bold, lowercase ¶ heading ending w/period. Text begins here...**

Four levels:

**Centered, Bold, Upper- and Lowercase Heading**

**Flush left, Bold, Upper- and Lowercase Heading**

**Indented, bold, lowercase ¶ heading ending w/period. Text begins here...**

***Indented, bold, italicized, lowercase ¶ heading w/period. Text begins here...***

Five levels:

**Centered, Bold, Upper- and Lowercase Heading**

**Flush left, Bold, Upper- and Lowercase Heading**

**Indented, bold, lowercase ¶ heading ending w/period. Text begins here...**

***Indented, bold, italicized, lowercase ¶ heading w/period. Text begins here...***

***Indented, italicized, lowercase ¶ heading w/period. Text begins here...***

# Sample Levels of Heading

## Method

### Sample and Participant Selection

### Assessments and Measures

**Q-sort Measures of Inhibition and Aggressiveness.**

**Life History Calendar.**

## Results

### Outcome of Inhibited Children at 23 Years

**Personality and self-esteem.**

*Theoretical paradigms.*

*Erikson.*

*Kohlberg.*

**Social network.**

*Theoretical paradigms.*

*Bandura.*

*Ellis.*

## Discussion

**Inhibited Children: Delayed Social Transitions During Emerging Adulthood**

**Inhibited Children: Weak Evidence for Internalizing Difficulties**

**Limitations of Present Study**

**Conclusions and Future Prospects**

Adapted from *Publication Manual of the American Psychological Association (6<sup>th</sup> ed.)*, by the American Psychological Association, 2010, p. 63.