

## HOW TO WEAR A FACE MASK





Wash your hands before wearing a mask.



Ensure the proper side of the mask faces outwards.



Locate the metallic strip, and place it on the nose bridge.



Secure the strings behind your head or over your ears.



Cover mouth and nose fully, making sure there are no gaps.



Press the metallic strip to fit the shape of the nose.



Remove the mask from behind by holding the strings with clean hands.



Dispose the mask in a closed bin without touching the front.



Do not touch the mask while using it. If you do, wash your hands.



Replace the mask if it gets damp, and do not reuse it.



Mask placed correctly.

