# Quarantine and Isolation Guidelines

The following guidelines are in accordance with the Los Angeles County Department of Public Health’s [Guidance for COVID-19 Exposure Management in Institutes of Higher Education](https://www.publichealth.lacounty.gov/). Updated: 01/10/22

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<th>VACCINATION STATUS</th>
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| Dependent on vaccination/boosted status (see column to left) | Quarantine IS NOT required for close contacts with the specified vaccination statuses (see column to left). However, close contacts MUST adhere to the following requirements:  
  - Test for COVID-19 immediately and on Day 5 after your last exposure.  
    - Note: The date of your exposure is considered Day 0. Day 1 is the first full day after your last exposure.  
    - If the test is positive, follow isolation instructions.  
  - Monitor your health for symptoms of COVID-19 for 10 days after your last exposure. If you develop symptoms, you must isolate and test immediately.  
    - If the test is positive, follow isolation instructions.  
    - If the test is negative, speak with the Student Health Center.  
  - Wear a surgical, KN95, or N95 mask while around others (both indoors and outdoors) for 10 days after your last exposure. | Details vary based on vaccination status, previous infection, or lack of symptoms.

**VACCINATION STATUS**

- Individuals who are fully vaccinated with primary series and boosted (received booster dose if in the eligible time frame)
- OR-
- Individuals who are fully vaccinated with primary series but not yet booster-eligible

**ISOLATE**

- Begin the isolation period and prepare to stay in isolation for up to 10 days.
- Wear a surgical, KN95, or N95 mask while around others (both indoors and outdoors)

**ENDING ISOLATION**

Individuals who have symptoms and test positive for COVID-19 (or if their doctor thinks they have COVID-19) must isolate until:

- At least 5 days have passed since their symptoms first started, and
- They have a negative viral COVID-19 test collected on day 5 or later, and
- They have not had a fever (without the use of fever-reducing medication) for at least 24 hours, and
- Their symptoms are improving

**OR**

Individuals who test positive, regardless of vaccination status, previous infection, or lack of symptoms.

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[pepperdine student health center logo]
Unvaccinated individuals or individuals who are not fully vaccinated with primary series*

- OR -

Individuals who are fully vaccinated with primary series and booster-eligible but have not yet received their booster dose

*Includes persons previously infected with SARS-CoV-2, including within the last 90 days

Quarantine IS required for close contacts* with the specified vaccination statuses (see column to left).

Close contacts must also adhere to the following requirements:

- Test for COVID-19 immediately and on Day 5 after your last exposure
  - Note: The date of your exposure is considered Day 0. Day 1 is the first full day after your last exposure.
  - If the test is positive, follow isolation instructions.
- Monitor your health for symptoms of COVID-19 for 10 days after your last exposure. If you develop symptoms, you must isolate and test immediately.
  - If the test is positive, follow isolation instructions.
  - If the test is negative, speak with the Student Health Center.
- Wear a surgical, KN95, or N95 mask while around others (both indoors and outdoors) for 10 days after your last exposure.

ENDING QUARANTINE

As long as symptoms of COVID-19 are NOT present, individuals may end quarantine either:

- After 5 full days have passed from their last known contact to the infectious case if they have a negative viral test result from a specimen collected on Day 5 from the date of last exposure to the case.
- After 10 full days have passed from their last known contact to the infectious case.
- At least 10 days have passed since their symptoms first started, and
- They have not had a fever (without the use of fever-reducing medication) for at least 24 hours, and
- Their symptoms are improving

Note: Day 0 is the day the positive test was taken. Day 1 is the first full day after the positive test was taken. If symptoms worsen after improving, individuals should return to isolation until they have not had a fever (without the use of fever-reducing medication) for at least 24 hours and other symptoms improve.

Individuals who test positive for COVID-19 and never develop symptoms must isolate until:

- At least 5 days have passed since the initial positive test was taken and
- They have a negative viral COVID-19 test collected on Day 5 or later

-OR-

- They must stay home for 10 days after their initial positive test was taken

Note: Day 0 is the day your positive test was taken. Day 1 is the first full day after your positive test was taken. If symptoms develop within the 10-day period, follow the symptomatic isolation guidelines above.

Questions? Contact the University’s COVID-19 Information Line at 310.506.8111 or via email at covid19info@pepperdine.edu.