

Quarantine and Isolation Guidelines

Updated: 01/10/22

The following guidelines are in accordance with the Los Angeles County Department of Public Health's [Guidance for COVID-19 Exposure Management in Institutes of Higher Education](#).

VACCINATION STATUS	QUARANTINE <i>Dependent on vaccination/boosted status (see column to left)</i>	ISOLATION <i>Individuals who test positive, regardless of vaccination status, previous infection, or lack of symptoms</i>
<p>Individuals who are fully vaccinated with primary series and boosted (received booster dose if in the eligible time frame)</p> <p style="text-align: center;">-OR-</p> <p>Individuals who are fully vaccinated with primary series but not yet booster-eligible</p>	<p>Quarantine IS NOT required for close contacts with the specified vaccination statuses (see column to left).</p> <p>However, close contacts MUST adhere to the following requirements:</p> <ul style="list-style-type: none"> • Test for COVID-19 immediately and on Day 5 after your last exposure. <ul style="list-style-type: none"> ○ Note: The date of your exposure is considered Day 0. Day 1 is the first full day after your last exposure. ○ If the test is positive, follow isolation instructions. • Monitor your health for symptoms of COVID-19 for 10 days after your last exposure. If you develop symptoms, you must isolate and test immediately. <ul style="list-style-type: none"> ○ If the test is positive, follow isolation instructions. ○ If the test is negative, speak with the Student Health Center. • Wear a surgical, KN95, or N95 mask while around others (both indoors and outdoors) for 10 days after your last exposure. 	<p>ISOLATE</p> <ul style="list-style-type: none"> • Begin the isolation period and prepare to stay in isolation for up to 10 days. • Wear a surgical, KN95, or N95 mask while around others (both indoors and outdoors) <p>ENDING ISOLATION Individuals who have symptoms and test positive for COVID-19 (or if their doctor thinks they have COVID-19) must isolate until:</p> <ul style="list-style-type: none"> • At least 5 days have passed since their symptoms first started, and • They have a negative viral COVID-19 test collected on day 5 or later, and • They have not had a fever (without the use of fever-reducing medication) for at least 24 hours, and • Their symptoms are improving <p style="text-align: center;">-OR-</p>

<p>Unvaccinated individuals or individuals who are not fully vaccinated with primary series*</p> <p>- OR -</p> <p>Individuals who are fully vaccinated with primary series and booster-eligible but have not yet received their booster dose</p> <p><i>*Includes persons previously infected with SARS-CoV-2, including within the last 90 days</i></p>	<p>Quarantine IS required for close contacts* with the specified vaccination statuses (see column to left).</p> <p>Close contacts must also adhere to the following requirements:</p> <ul style="list-style-type: none"> • Test for COVID-19 immediately and on Day 5 after your last exposure <ul style="list-style-type: none"> ○ Note: The date of your exposure is considered Day 0. Day 1 is the first full day after your last exposure. ○ If the test is positive, follow isolation instructions. • Monitor your health for symptoms of COVID-19 for 10 days after your last exposure. If you develop symptoms, you must isolate and test immediately. <ul style="list-style-type: none"> ○ If the test is positive, follow isolation instructions. ○ If the test is negative, speak with the Student Health Center. • Wear a surgical, KN95, or N95 mask while around others (both indoors and outdoors) for 10 days after your last exposure. <p>ENDING QUARANTINE</p> <p>As long as symptoms of COVID-19 are NOT present, individuals may end quarantine either:</p> <ul style="list-style-type: none"> • After 5 full days have passed from their last known contact to the infectious case if they have a negative viral test result from a specimen collected on Day 5 from the date of last exposure to the case. • After 10 full days have passed from their last known contact to the infectious case. 	<ul style="list-style-type: none"> • At least 10 days have passed since their symptoms first started, and • They have not had a fever (without the use of fever-reducing medication) for at least 24 hours, and • Their symptoms are improving <p>Note: Day 0 is the day the positive test was taken. Day 1 is the first full day after the positive test was taken. If symptoms worsen after improving, individuals should return to isolation until they have not had a fever (without the use of fever-reducing medication) for at least 24 hours and other symptoms improve.</p> <p>Individuals who test positive for COVID-19 and never develop symptoms must isolate until:</p> <ul style="list-style-type: none"> • At least 5 days have passed since the initial positive test was taken and • They have a negative viral COVID-19 test collected on Day 5 or later <p>-OR-</p> <ul style="list-style-type: none"> • They must stay home for 10 days after their initial positive test was taken <p>Note: Day 0 is the day your positive test was taken. Day 1 is the first full day after your positive test was taken. If symptoms develop within the 10-day period, follow the symptomatic isolation guidelines above.</p>
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Questions? Contact the University's COVID-19 Information Line at 310.506.8111 or via email at covid19info@pepperdine.edu.