Quarantine and Isolation Guidelines

The following guidelines are in accordance with the Los Angeles County Department of Public Health's Guidance for COVID-19 Exposure Management in Institutes of Higher Education.

VACCINATION STATUS	QUARANTINE *Dependent on vaccination/boosted status (see column to left)*	ISOLATION *Individuals who test positive, regardless of vaccination status, previous infection, or lack of symptoms*
- Individuals who are fully vaccinated with primary series and boosted (received booster dose if in the eligible time frame) **-OR-** - Individuals who are fully vaccinated with primary series but not yet booster-eligible **-OR-** - Individuals who have tested positive for COVID-19 within the last 90 days regardless of vaccination status	Quarantine **IS NOT** required for close contacts with the specified vaccination statuses (see column to left). However, close contacts **MUST** adhere to the following requirements: - Test for COVID-19 immediately and on Day 5 after your last exposure. - Note: The date of your exposure is considered Day 0. Day 1 is the first full day after your last exposure. - If the test is positive, follow isolation instructions. - Monitor your health for symptoms of COVID-19 for 10 days after your last exposure. If you develop symptoms, you must isolate and test immediately. - If the test is positive, follow isolation instructions. - If the test is negative, speak with the Student Health Center. - Wear a surgical, KN95, or N95 mask while around others (both indoors and outdoors) for 10 days after your last exposure.	**ISOLATE** - Begin the isolation period and prepare to stay in isolation for up to 10 days. - Wear a surgical, KN95, or N95 mask while around others (both indoors and outdoors) **ENDING ISOLATION** **Individuals who have symptoms and test positive for COVID-19** (or if their doctor thinks they have COVID-19) must isolate until: - At least 5 days have passed since their symptoms first started, **and** - They have a negative viral COVID-19 test collected on day 5 or later, **and** - They have not had a fever (without the use of fever-reducing medication) for at least 24 hours, **and** - Their symptoms are improving **-OR-**

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- Unvaccinated individuals

    -OR-

- Individuals who are not fully vaccinated with primary series (received only one of two doses of the Pfizer or Moderna vaccine)

    - OR -

- Individuals who are fully vaccinated with primary series and booster-eligible but have **not** yet received their booster dose

Note: Individuals are eligible for their booster dose 5 months after they receive the Pfizer or Moderna vaccine or 2 months after they receive the J &J/Janssen vaccine.

Quarantine **IS** required for close contacts* with the specified vaccination statuses (see column to left).

Close contacts must also adhere to the following requirements:
- Test for COVID-19 immediately and on Day 5 after your last exposure
    - Note: The date of your exposure is considered Day 0. Day 1 is the first full day after your last exposure.
    - If the test is positive, follow isolation instructions.
- Monitor your health for symptoms of COVID-19 for 10 days after your last exposure. If you develop symptoms, you must isolate and test immediately.
    - If the test is positive, follow isolation instructions.
    - If the test is negative, speak with the Student Health Center.
- Wear a surgical, KN95, or N95 mask while around others (both indoors and outdoors) for 10 days after your last exposure.

ENDING QUARANTINE
As long as symptoms of COVID-19 are **NOT** present, individuals may end quarantine either:
- After 5 full days have passed from their last known contact to the infectious case if they have a negative viral test result from a specimen collected on Day 5 from the date of last exposure to the case.
- After 10 full days have passed from their last known contact to the infectious case.

- At least 10 days have passed since their symptoms first started, **and**
- They have not had a fever (without the use of fever-reducing medication) for at least 24 hours, **and**
- Their symptoms are improving

Note: Day 0 is the day the positive test was taken. Day 1 is the first full day after the positive test was taken. If symptoms worsen after improving, individuals should return to isolation until they have not had a fever (without the use of fever-reducing medication) for at least 24 hours **and** other symptoms improve.

Individuals who test positive for COVID-19 and never develop symptoms must isolate until:
- At least 5 days have passed since the initial positive test was taken **and**
- They have a negative viral COVID-19 test collected on Day 5 or later

    -OR-

- They must stay home for 10 days after their initial positive test was taken

Note: Day 0 is the day your positive test was taken. Day 1 is the first full day after your positive test was taken. If symptoms develop within the 10-day period, follow the symptomatic isolation guidelines above.

Questions? Contact the University's COVID-19 Information Line at 310.506.8111 or via email at covid19info@pepperdine.edu.