



## The Gift of a New Year

Another year is another gift from God. How will you choose to live differently this year? May I invite us all to pause just a little more in 2018?

Thomas Friedman, in his recent work *Thank You for Being Late* observed that he began to appreciate when colleagues and interviewees were delayed meeting him as it gave him the wonderful opportunity to sit and think, observe, and reflect. He found he could authentically say to the apologetic one, "No. Thank you for being late." Friedman's friend Dov Seidman observed similarly, "When you press the pause button on a machine, it stops. But when you press the pause button on human beings they start. You start to reflect, you start to rethink your assumptions, you start to reimagine what is possible and, most importantly, you start to

reconnect with your most deeply held beliefs. Once you've done that, you can begin to reimagine a better path."

Let's push pause more in 2018!

Psalms 46:10 | Be still and know that I am God.

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