

Shifting Your Mindset to Reboard to the Workplace

Thursday, June 25, 2020

10 AM - 11 AM

Robert Scholz, M.A., LMFT, LPCC

Planning for a return to work during a pandemic is new and uncertain territory for employers and employees alike, and there are many unanswered questions. Everyone is doing their best to adapt during these extraordinary times. As Pepperdine moves towards employees returning to campus later this summer, challenges and opportunities will continue to unfold that will require compassion, a growth mindset, and commitment to creating space for both shared and different perspectives on complex concerns. This webinar will offer Pepperdine staff and faculty some tangible ideas on how to manage the anxiety of this transition personally and professionally. Supervisors will be offered suggestions on how to support their staff, continue to provide the best possible support to students, while also creating opportunities to cope with the challenges of the pandemic workplace. Opportunities for questions will be provided.

The presenter for this webinar is **Robert Scholz, M.A., LMFT, LPCC**. Robert has served in many clinical and leadership roles over his twenty-five years working with individuals, families, and organizations. Robert is highly regarded for his work in the crisis management field, and provides consultation and training to many universities, schools, churches, and mental health agencies. Robert worked for over a decade within the Pepperdine Counseling Center, and has been a frequent contributor to the Pepperdine community as a consultant and trainer for the past several years.

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