



# HAPPY NEW YEAR!



With a new year comes a fresh 12 months, 52 weeks, 365 days, 8,760 hours, 525,600 minutes, and 31,536,000 seconds – each a gift from God. We have done nothing to earn it, nothing to deserve it. We cannot purchase it. There is no way to stop it, slow it, or otherwise adjust it; time marches on. It is given to every person in equal amount. And, while we anticipate a full year’s measure of time, we cannot know whether we will partake in any or all of it.

As those who know me know, I am always looking for a good recipe. Certainly time is one of the most precious ingredients in our lives. And, through our free will, we can waste it. We can worry over it. Or, as good stewards of this gift, we can infuse it with the glory of God.

How may we savor this gift in 2015?

One anonymous “cook” provides this recipe for using our time: “Into each day put equal parts of faith, patience, courage, work, hope, fidelity, liberality, kindness, rest, prayer, meditation, and one well-selected resolution. Add a spoonful of good spirit, a dash of fun, a pinch of folly, a sprinkling of play, and a heaping cup of good humor.” That sounds delicious to me.

May your New Year’s recipe yield a healthy, fulfilling, and bountiful 2015.

Happy New Year!

*Marc P. Goodman*  
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“...According to the riches of his grace, which he lavished upon us, in all wisdom and insight making known to us the mystery of his will, according to his purpose, which he set forth in Christ as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth.”

Ephesians 1:7-10