

## SUPERVISOR TRAINING: MANAGING AND LEADING SELF Additional Resources

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- Health Advocate EAP
- Working at a Christian University
  - The Idea of a Christian University
  - o We are One, Made of Many
  - What We Do Flows From Who We Are
  - The Rushford Center
  - Harbor Bible Lectures
- Readings discussed
  - Quest for Distinction by W. David Baird
  - The Malibu Miracle by William S. Banowsky
  - o Start with Why by Simon Sinek
  - o It's Okay to Be the Boss by Bruce Tulgan
  - Essentialism by Greg McKeown
  - o The Leadership Challenge by James Kouzes and Barry Posner
  - o On Becoming a Leader by Warren Bennis
  - o "Manage Your Energy, Not Your Time" by Tony Schwartz and Catherine McCarthy
- University Policies and Procedures
  - Code of Ethics
  - o <u>University Policy Manual</u>
- Future opportunities facilitated by Human Resources
  - Supervisor trainings
  - DiSC Behavior Styles Assessments and Workshop
  - Manage Your Energy, Not Your Time Workshop
  - Values Clarification Workshop
  - Vision and Goal Setting Workshop
  - General team building session