

### iPOD #1

- Biggest Loser Top 40 vol 1
- Biggest Loser Top 40 vol 2
- Biggest Loser Modern Rock Mix
- Biggest Loser Intervals vol 2
- Biggest Loser Sports Anthems

### iPOD #2

- SHAPE Pumpin Dance Hits
- Best of SHAPE Walking Workouts
- SHAPE Top 40 vol 2

### iPOD #3

- Christian Workout 1
- Christian Workout 2
- Christian Workout 3
- Christian Workout 4