

We help with issues that impact life!

We can help you resolve stressful personal and family issues, or direct you to legal, financial, or child care resources when you need them most.

COMMON ISSUES WE HELP PEOPLE WITH EVERYDAY INCLUDE:

- » Alcohol + Drug Abuse
- » Attention Deficit Disorder (ADD)
- » Attention Deficit Hyperactivity (ADHD) Disorder
- » Addiction
- » Adoption
- » Anger Issues
- » Anxiety
- » Budgeting
- » Child Care Resources
- » College Planning
- » Communication Issues
- » Coping with Change
- » Depression
- » Divorce
- » Domestic Violence
- » Eating Disorders
- » Effective Communication
- » Elder Care Resources
- » Emotional Issues
- » Family Issues
- » Financial Resources
- » Grief
- » Legal Resources
- » Leisure/Travel Time
- » Mental Health
- » Parenting
- » Pet Care Resources
- » Post Traumatic Stress Disorder
- » Relationship Issues
- » Stress

We're available when you need us.

Perspectives SAP is available 24/7 and can be accessed two ways:

OVER THE PHONE

Masters level SAP specialists are available 24/7 to answer your questions and provide supportive assessment problem resolution.

Call 800.456.6327 anytime!

ONLINE

Have you ever spent hours googling for good information about parenting, healthy diets, relationships, or the other hundreds of issues that impact your life? We do our homework so you don't have to!

Your *Student Life Online Portal* is a website for everyone with Perspectives SAP. It provides information, resources, and tools for a vast number of issues, ranging from parent and child care to health and wellness, career development, workplace training, and more. To visit, [click here](#), or log on with your username and password.

FREE HELP! WHO DOESN'T LIKE THAT?

We want you to think of Perspectives as the "Everyday Assistance People." Our Student Assistance Program (SAP) provides support and resources for life issues that can take a toll on your emotional well-being or take time away from the things you value most, like school or family. Our services are confidential, no cost to you, and available when you need them!

Confidential and No Cost

We know that confidentiality and costs are important to you.

That's why we offer confidential assistance to students and their families. And, your personal information is not disclosed to anyone unless you provide written consent or as required by law.

In addition, Perspectives SAP services are provided at NO COST to you. Pepperdine University Caruso School of Law provides Perspectives SAP as a benefit because they value you. If you are referred to an outside resource for additional support, we'll advise you about potential costs and whether they might be covered by your insurance.

Just call 800.456.6327 or log in to [SAPlogin.perspectivesltd.com](https://saplogin.perspectivesltd.com) with your username and password to get started.

USE THIS INFORMATION TO LOG INTO
YOUR STUDENT LIFE ONLINE PORTAL

Username

PEPPLAW

Password

perspectives