

LONDON NEWSLETTER

NO. 3 • JANUARY 2021

MIND THE GAP



LONDON 2021-2022
PEPPERDINE UNIVERSITY

UPDATES



01

IP: GLOBAL LEARNING WEEK

The International Program's Global Learning Week is on **Feb 22 - 26** this year.

More info to come!



02

LONDON FALL 2021 + AY 21-22 PREPARATION & VISA WORKSHOP

This mandatory workshop is on **March 17th, 8:00 AM - 9:30 AM (PT)**.

Please check your email for more info + Zoom link!



03

FACEBOOK GROUP

If you haven't already, join our Facebook group!

Click [**here**](#) to join!

MEET JENNY



Hi everyone! I'm Jenny, the Associate Director of the London Programme. I was born and brought up in Leeds, West Yorkshire, and then studied at the University of Warwick. After graduating from uni, I wanted to go anywhere except back home, and so I moved to London with a big group of friends. I had only been to London once before as a child and had no idea what to expect but thought I would give it a try for a year while I figured out what I wanted to do. That was in 2003 and I am pretty much the only one of the group still here!

Students always ask me what my favourite thing to do in London is, and that's a really hard question to answer because on the one hand I feel like I should say something highbrow like "go to a museum", but if I'm being totally honest, the one

thing I really love to do here is eat! Before I had young children and thus resigned myself to restaurants serving chicken nuggets, my friends and I used to love going out for dinner all over town, exploring new places and re-visiting old favourites

The UK has still not quite managed to shake off the long-held stereotype of bad food – bland meat, over-boiled vegetables and stodgy desserts all washed down with an insipid cup of tea. But nowadays and especially in London, nothing could be further from the truth. From Afghan to Vietnamese, London has food from all four corners of the globe – and if you fancy fish & chips eaten out of newspaper, or a steak and kidney pie and a sticky toffee pudding down the pub, well, you can still get that too!

London has food to suit every taste and budget. There are the high-end restaurants run by celebrity chefs such as Heston Blumenthal at the Mandarin Oriental, restaurants with a great view like Duck and Waffle at the top of the Heron Tower or the Sky Garden's Darwin Brasserie, plus quirky places like the Michelin-starred Sketch, the restaurant with the most Instagrammed bathroom in London. On the other end of the scale are the street food stalls and farmers markets all over the city. We are fortunate to have one across the road from the Pepperdine house every week, and the £5 chilli paneer curry I used to buy for lunch on Tuesdays is probably the thing I miss most from my pre-pandemic life.

Of course there are also lots of chain restaurants in London and some of them are pretty good -Dishoom, Wahaca, Nando's and Honest Burgers are my current go-tos - but my favourite places to eat are more off the beaten track.



Unsurprisingly, the restaurants which reflect the real London and the diversity of Londoners are generally not found in the main tourist areas. 37% of Londoners were born outside the UK and great food can be found in every neighbourhood, even (or especially) for those of us with a limited budget. Some of my favourites include the Turkish bakeries and restaurants along Green Lanes in Haringey, the Portuguese cafes in Stockwell, the Pakistani and Bangladeshi restaurants in Whitechapel and the line of Vietnamese restaurants stretching from Shoreditch to Hackney. South of the river, you can visit Peckham for Nigerian restaurants or head north to Edgware Road for Lebanese food and shisha. You can visit a touristy restaurant in Leicester Square where everything is served with melted cheese slapped on top and called TexMex, or you can go to Camden and experience authentic Latin American food.

I'm excited for you to come to London and explore this yourself!

Jenny Ryan, Associate Director

HAPPY NEW YEAR!

May the new year bring you warmth, love, and light to guide your path to a positive destination!

January in London is actually pretty quiet. It is probably the best time of the year to do all the touristy things in the city.

Perhaps January is also the best time to travel to Switzerland if you are a skier/snowboarder. Some of Europe's most famous ski areas are located near Lausanne, so you might be able to stay at Pepperdine's Lausanne house!



I hope you get to enjoy the rest of your winter break! If you are enrolled in the January session, good luck with your finals! Stay warm :)

Pepperdine University
56 Prince's Gate
Exhibition Road
LONDON 2021-2022

PEPPERDINE UNIVERSITY



INTERNATIONAL PROGRAMS