

ADAPT



ADAPT 2018
International Travel



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President and CEO



DGP International

DEFEND GUARD PROTECT

RTD
READY TO DEPLOY

SAVIOR[®]
MULTI-THREAT SHIELD

CONDOR ELITE[®]

/fu-bär/
It's all you need



DEFEND GUARD PROTECT

What would you do?

3. COULTER ST



Awareness

"The state or ability to perceive, to feel, or to be conscious of events, objects, or sensory patterns."

"Awareness without
action is worthless"
Phil McGraw



Focusing on Behaviors



Paying attention for 10 minutes...



What is a normal?



Subject was doing the opposite of everyone else.



Selection Phase



What is this guy looking at?





You will not see what you don't look for!



Confrontation



Adapt Principles

- Avoiding the “Prey” Behavior “A criminal who has progressed to violent crimes has established a pattern of behavior”
- Intuition – Most victims know or have recently met their attackers...“I knew something was wrong”. Be sure to trust your intuition.
- “Gift of Fear” - subconscious reality...don’t ignore something if it causes worry.
- Flight or Fight. Do one or the other, just don’t freeze.
- Knowing Limitations. Be smart and do not put yourself in situation you cannot get handle.

“Charm” is a verb



Preventive Measures



- Set your boundaries and be sure to enforce them.
- If a stranger provides too many details...be aware.
- Loan Sharking – “If I carry your bags you should at least let me buy you a drink.”
- Unsolicited Promises – “I promise...its just a ride.”
- Isolation – Don’t separate from your friends!

Don’t act like an easy target – “If you don’t want to get eaten, don’t act like food!”



Preventive Measures

- If you sense a problem, change your route, prepare to run or defend yourself
- Avoid walking alone in areas not well lit, be aware of your surroundings
- Strength in numbers “One can fight one, two can fight ten”
- ‘No’ is a complete sentence
- Have a plan—Predators count on you not knowing what to do
- Be sure to Anticipate and try to Avoid
- Remain proactive when it comes to your safety

BE ALERT!!
**EXPECT THE
UNEXPECTED**



Circle of Safety



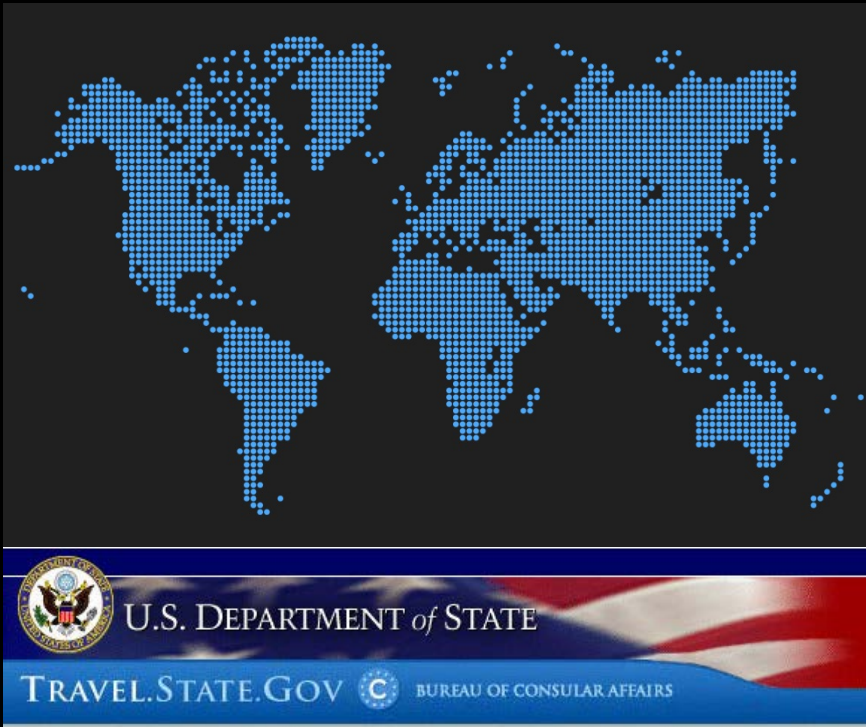
Defensive Tactics

Strangers generally do not help...its up to you!

- Verbal Judo – Attitude of control
- Body Language
- Preparing for action
- Do not plead or beg
- Sizing up your opponent “Not the size of dog (or cat) in the fight....
- Non Violent Postures – Don’t telegraph intentions
- Just enough to create space and escape!



Traveling Safety



- Be a “smart” traveler – Check for country specific warnings
- International drivers license vs. passport
- Pack light so you can move faster
- Carry a minimum number of valuables and have places to conceal them
- Avoid keeping your documents in places you will not have constant control of
- Do not use large amounts of cash
- Know the local laws – Not the US!
- Get generic prescriptions so you can purchase abroad
- Do NOT trust people you do not know

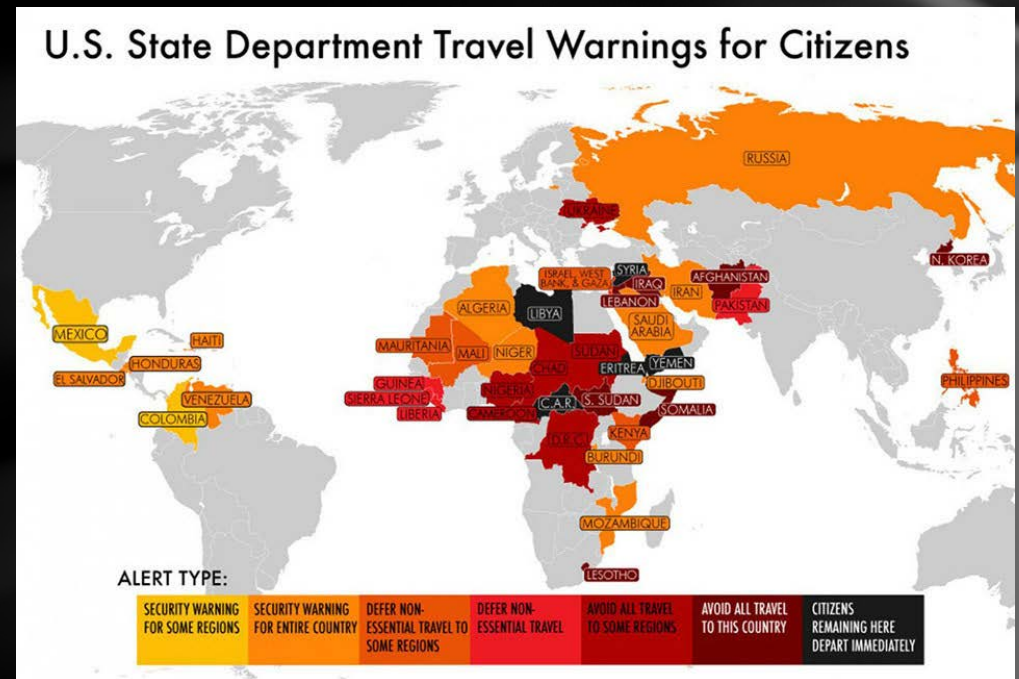


Worldwide Caution



As of January 2016 the Department of State has issued a “Worldwide Caution” alert for all US Citizens traveling abroad.

- Terrorism
- Copycats
- Kidnappings
- Violent Attacks
- Reprisal
- Religious Motivations



"Examples of such targets include high-profile sporting events, residential areas, business offices, hotels, clubs, restaurants, places of worship, schools, public areas, shopping malls, and other tourist destinations"

Do not travel in fear. Just be aware!

Travel Warnings 2017



November 2015

VUCA



Volatile
Uncertain
Complex
Ambiguous

"the new
normal"

Defensive Counters





A.D.A.P.T.

Awareness and Defense Against Physical Threat

PEPPERDINE SAFETY INFORMATION



Safety is a top Pepperdine priority

Pepperdine safeguards community members

- Conduct an international travel safety orientation for students in Malibu
- Offer free self-defense classes
- Provide in-country safety briefings during your orientation
- Campuses equipped with security cameras, secure entry doors and policies that help safeguard the community
- Communicate to students and regularly update emergency plans that cover a multitude of scenarios
- Students have access to a travel assistance program that provides students with select emergency assistance offerings
- Vet all group travel itineraries

Safety is a top Pepperdine priority

Pepperdine community members safeguard themselves

- Ensure you fill out Pepperdine's travel log during travel breaks and weekends
- For U.S. Passport holders: enroll and log all travel in [STEP](#) (U.S. Department of State Safe Traveler Enrollment Program) which enables you and your loved ones to receive travel advisories and alerts
- Ensure you have the ability to make phone calls to your family and program director at all times
- Follow safety guidelines from the international travel safety presentation you saw at your Malibu orientation
- Speak with your parents/guardians about an agreeable personal travel itinerary on weekends and travel breaks.
- All students are able to use the [Live Safe App](#) which can link students with Pepperdine personnel at anytime provided device has network connectivity

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