

TIME FOR TAKEOFF!

London

Academic year orientation 2019-20



SESSION FACILITATOR



Drake Schaneberg



AMBASSADOR



Katie Garretson



FACULTY IN RESIDENCE



Dr. Karen Martin



PROGRAM STAFF



your director
Heather Pardee



PROGRAM



your assistant director
Jennifer Ryan



RESIDENT ADVISORS



**Kyla Moore &
Sawa Yamakawa**



Visas

- All Academic Year students (and international students) need a visa.
- Attend the mandatory workshop on Wednesday (April 10th) at 8am in BPC 189.



LONDON FACILITY



SERVICE OPPORTUNITIES

Below are example of service opportunities from the past

- Volunteering at Holy Trinity Brompton
- Working at one of the many charity shops
- Speak with Jenny and she can guide you!



MAILING TO London

56 Princes Gate
London, England
SW7 2PG



We encourage students to not have mail sent to them for short programs.



MEALS

- Group dinners Mon-Wed
- Breakfast foods provided in the house every day!
- Digital disbursement covers weekday lunches & some dinners
- Pro-tip: Cook at home & save this money to travel & for other fun things



AWESOME YET BUDGET CONSCIOUS TRAVEL

Get in groups of 3-4 and choose one of these 4 locations: Dover, Dublin, Amsterdam, Edinburg. Your budget is \$200 per person for 2 days. Research the travel options, lodging, meals, & activity ideas within the budget for 4 people.



INFO HUNTING

Get out your phones and google 'pepperdine international programs'. Choose your destination and click on 'about'

- History of location
- Packing info
- Phone plan options
- Airport to facility directions
- Meals
- How to get around the city



WHERE DO YOU STAND?

- Every culture has norms and values.
- What are your norms and values?
- How do your norms/values compare to host culture? To your group?



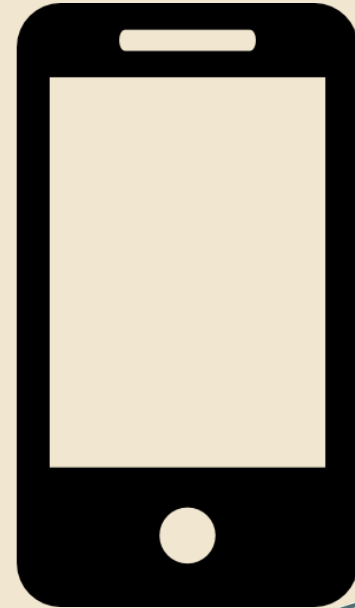
STUDENT EMPLOYMENT

- Most Student workers are hired once they arrive
- Student workers **MUST** obtain I-9s after they are at the location and secure a position
- Students may not work outside of the Pepperdine facility
- Work study may apply! Contact financial assistance for info!
- Some positions include:
 - library worker- apply this semester with the library
 - kitchen workers- Jenny will explain that process upon arrival



PHONE PLANS

- **T-Mobile** has coverage internationally for FREE
- **3** is a carrier available in London that is relatively cheap and you can just switch out your SIM card
- Many places also have **wifi** if you don't want to purchase a phone plan



WHAT TO BRING

- Bring converter/adaptor for anything electrical
- Special hygiene products
- Warm and cold-weather clothes & 1 nice outfit
- Medications
- Good walking/hiking shoes
- Learning supplies
- Credit/Debit Card with International chip



WHAT TO BRING

tips for packing:

- You won't need as much as you think you need
- It gets cooler at night - don't forget a few sweaters and a nice jacket!
- Be prepared for the cold - jacket, hat, scarf, gloves
- Check out the IP London blog for things to consider for cold-weather shopping!



WHAT NOT TO BRING

- Linens or towels
- Pillows or blankets
- Expensive jewelry or valuables
- Too many shoes
- Anything you don't absolutely need



ALUMNI TIME

*Use your Orientation Worksheet
for specific questions*



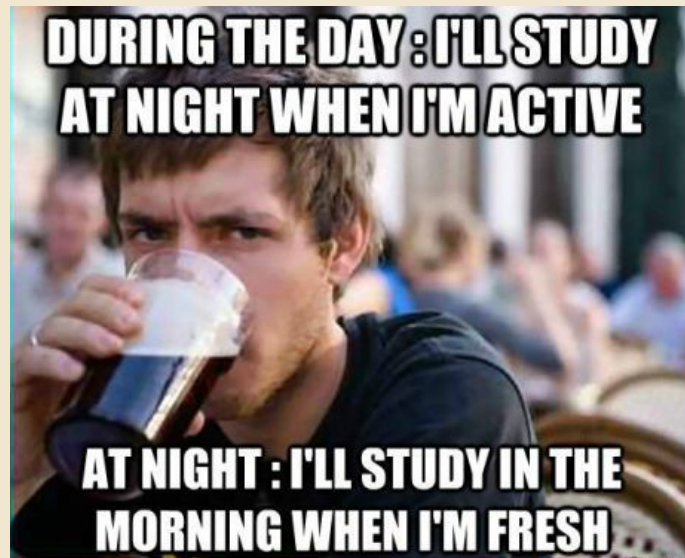
ACADEMICS

DO NOT expect overseas classes to be **EASY!**

It's the same amount of class hours as Malibu, but finished in less time.

Classes are held **Monday - Thursday**

2.0 GPA requirement (cumulative and semester) before and during program.



ACADEMICS

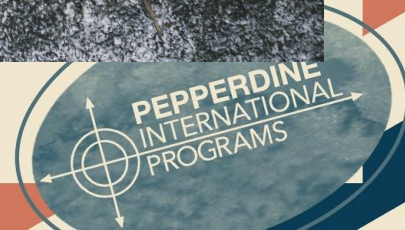
- **Places to study:**
 - Cafes
 - Study rooms
 - Our library
- **Classes abroad compared to classes in Malibu**
 - More lecture-based
 - Meetings off-campus
 - Essay-based tests



HEALTH AND FITNESS

How did you stay healthy?

- Hyde Park and Princess Gardens
- Join the Imperial college gym
 - Gym
 - Spin classes
 - Swimming pool
 - Rock wall
 - And more!
- MANY OTHER LOCAL GYMS
- Walk when you can!



SPIRITUAL LIFE

- Local & House Church
- How will you make your spiritual life a priority while abroad?



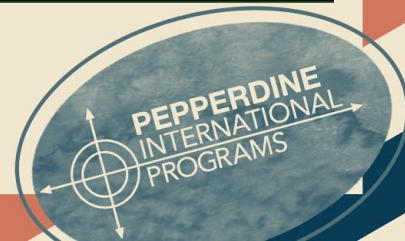
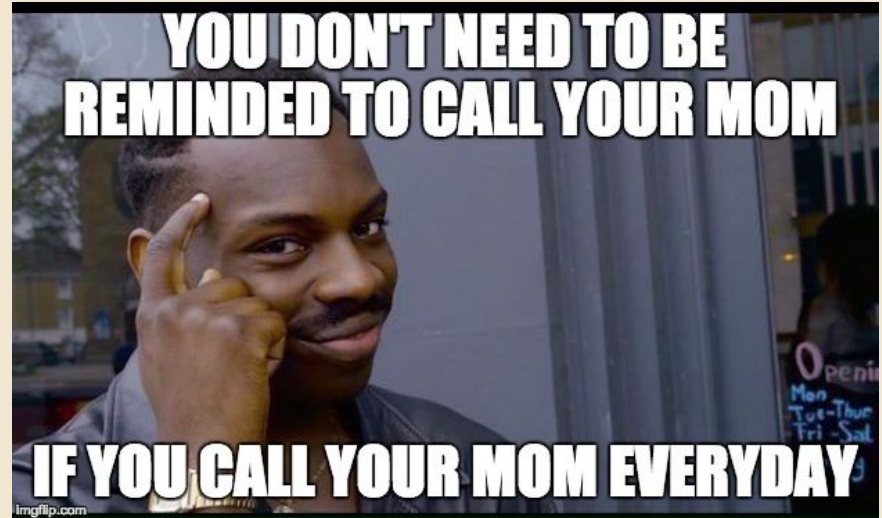
COMMUNITY DYNAMICS

- How do you recharge?
- What is it like being an introvert or extrovert in the house?



COMMUNICATION

- How often do you call parents?
- Balancing relationships home and abroad?
- How are you keeping in contact? How much?
- What are you doing about a phone?



TRAVEL

- Plan in advance
- Travel in groups: 4-6 has been ideal
- Cheap airlines:
 - Easy Jet
 - RyanAir
- Airbnb's
 - Consider location within the cities you visit
- The internet is your friend- reasearch!



FINANCE

Access to money:

- Digital disbursements
- **Card with chip**
- Pull money from the ATM in larger amounts to reduce charges
 - don't carry it all around



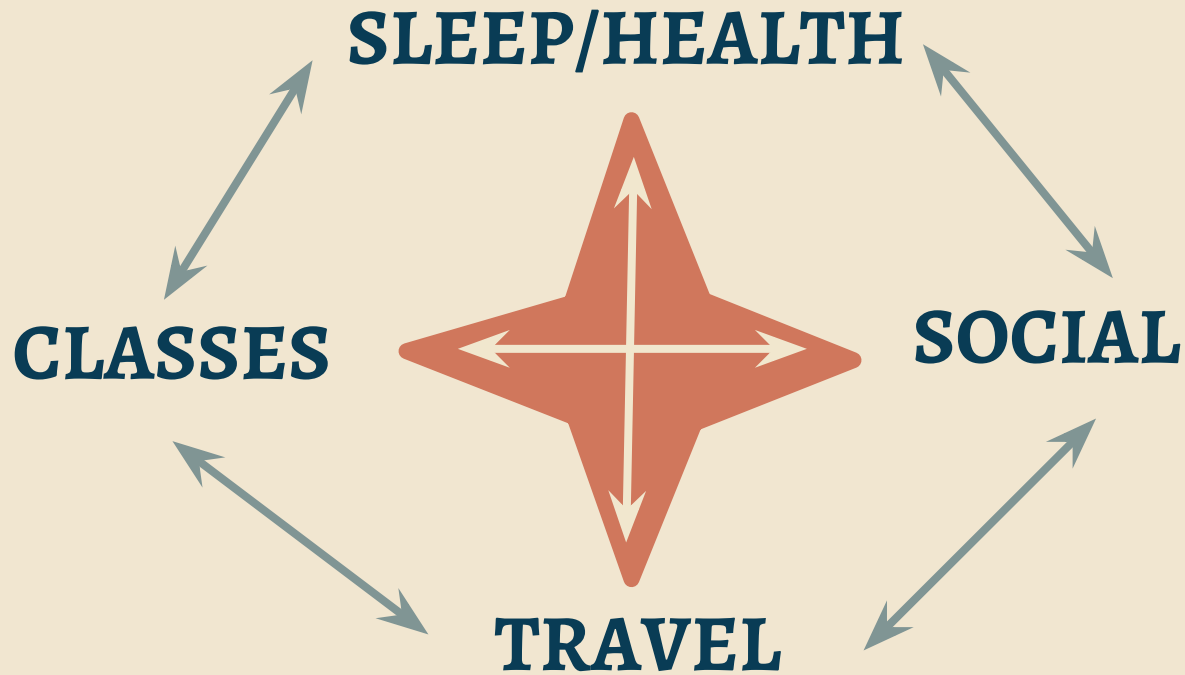
FINANCE

Tips for living frugally:

- Cook at home
- Avoid shopping sprees at Primark- it's tempting
- Plan travel ahead so you can explore all your options
- Keep track of spending- awareness is half the issue
- Set and stick to a budget



BALANCE ACTIVITY



EXPLORE WITH PURPOSE!

Develop goals for yourself:

- Take 5 minutes to draft at least 3 goals for yourself
- Possibly get in groups of 3-4 people and share your developmental goals & how you will achieve them



NOTE TO YOUR FUTURE SELF

Using the pen, paper and envelope provided, write yourself a letter that you will open while you are abroad.

Consider including the following:

- Goals: spiritual growth, personal growth, academic growth, etc.
- A statement on your current stage in life. You will be amazed how much can change in a year!
- Your hopes: You will be reading this letter at this time next year ... what do you want to get out of your time abroad?

Your RAs will hold on to these during your year abroad.



STAY CONNECTED

An aerial photograph of London at sunset. The Big Ben clock tower is prominent on the left, and the London Eye is on the right. The River Thames flows through the center. The sky is a mix of orange, pink, and blue.

share your adventures.

@pepperdineip

@pepperdinelondon

CHEERS!

